



SCHEDULE OF EVENTS

Friday, May 24, 2024

Check-ins

5:00pm- 7:00pm

Lobby of Venue

Mandatory Athletes Meeting

7:00pm- 7:30pm

Ballroom

Meet & Greet with Cydney and Mimi follow the meeting. (Pictures)

ORDER OF EVENTS

Saturday, May 25, 2024

Women's Prejudging & Finals

9:00am

Women's Physique

True Novice

Novice

Masters

Open

Figure

True Novice

Novice

Masters

Open

Wellness

True Novice

Novice

Masters

Open

Bikini

True Novice

Novice

Masters

Open

IFBB Women's Physique

Mimi Solange- Guest Poser

(Before finals)

Intermission

(30 minutes)

Men's Prejudging & Finals

2:00pm

Bodybuilding

True Novice
Novice
Masters
Open

Men's Physique

True Novice
Novice
Masters
Open

Classic Physique

True Novice
Novice
Masters
Open